



## Updated Rules of Play issued Saturday 9<sup>th</sup> January 2021:

### Health Considerations:

- **In line with Government guidance, do not attend the club if you are self-isolating or experiencing any Covid-19 symptoms.**
- **Before attending the club please consider your own particular circumstances and whether you will feel comfortable being on court.**

### Access to Facilities and Court Set Up:

- Please use the hand sanitiser gel supplied at the entrance gate when arriving and leaving and avoid touching gates with your hands wherever possible.
- Access to the clubhouse is only permitted one person at a time in order to switch the floodlights on and off. Please use hand gel before and after turning the lights on/off.
- **The toilets, changing rooms and kitchen are still strictly unavailable for use by members until further notice.**
- The first aid kit if needed is located on top of the defibrillator cabinet near the clubhouse door.
- You must only attend the club if you have made a court or practice wall booking via our online booking system at: [www.clubspark.lta.org.uk/LomondParkLTC/Booking](http://www.clubspark.lta.org.uk/LomondParkLTC/Booking)
- Bookings can be made in 30 minute slots with each member able to book a maximum of four slots per day meaning a maximum booking length of two hours. Bookings can be made 7 days in advance. While the lead booker can act as the point of contact for their group playing, wherever possible please add in the names of those you will be playing with on your Clubspark booking to help with Test and Protect records should this be needed.
- If for any reason you're unable to make it to a session you've booked, please make sure to cancel the booking as early as possible in order to free up space for others to get on court and to ensure you are not recorded as being at the club when you are not.
- While only one person playing needs to book the court, please note that you are not currently permitted to play in more than one session per day, regardless of who has made each booking. i.e. you cannot make a booking and your playing partner(s) then make a further booking in order to extend beyond the two hour maximum time.
- Please arrive on time and leave a few minutes before the end of your session to avoid contact with those following you on to court.
- No spectators may attend the club with the exception of one parent/carer per junior playing/being coached.

### Play and Equipment:

- Singles can be played by two people from different households. Larger groups mixing in and out, even if still playing singles, are not allowed.
- Doubles can **only** be played where **all four players are from the same household** (i.e. living at the same address).
- Juniors under 12 years old are not counted in terms of numbers when two households are playing. E.g. a parent and child under 12 years old from one household could play a parent and child under 12 years old from a different household.
- Under current Level 4 restrictions physical distancing between households is required for adults and juniors aged 12 and over at all times while at the club.
- Players must bring their own racket and tennis balls. There is now no requirement to mark your tennis balls with your name. However, when sharing balls please take care not to touch your face during play and use hand gel to clean your hands before and after play.
- Where balls end up on adjacent courts, they should still be passed back using a racket/foot and not handled.
- Please ensure to remove all your balls and any rubbish from your court at the end of play. The bins which are usually located outside the clubhouse door will not be available at the current time.
- Avoid chasing down balls when it would lead to close contact with someone on an adjacent court.
- Where players need to cross behind you please provide the maximum amount of space for others to pass.