



Updated Rules for Play from 1st August 2020:

Health Considerations:

- **In line with Government guidance, do not attend the club if you are self-isolating or experiencing any Covid-19 symptoms.**
- **Before attending the club please consider your own particular circumstances and whether you will feel comfortable being on court.**

Access to Facilities and Court Set Up:

- Please use the hand sanitiser supplied at the entrance gate when arriving and leaving and avoid touching gates with your hands wherever possible.
- Access to the clubhouse is only permitted by one person at a time in order to switch the floodlights on and off. Please use hand gel before and after turning the lights on/off.
- **The toilets, changing rooms and kitchen are strictly unavailable for use by members until further notice.**
- The first aid kit if needed is located on top of the defibrillator cabinet near the clubhouse door.
- Only attend the club if you have made a court booking via our online booking system at: www.clubspark.lta.org.uk/LomondParkLTC/Booking
- Bookings can be made in 30 minute slots with each member currently able to book a maximum of three slots per day meaning a maximum booking length of 90 minutes. Bookings can be made 7 days in advance.
- If for any reason you're unable to make it to a session you've booked, please make sure to cancel the booking as early as possible in order to free up space for others to get on court.
- While only one person playing needs to book the court, please note that you are not currently permitted to play in more than one session per day, regardless of who has made each booking. i.e. you cannot make a booking and your playing partner(s) then make a further booking in order to extend beyond the 90 minutes maximum time.
- Please arrive on time and leave a few minutes before the end of your session to avoid contact with those following you on to court.
- No spectators may attend the club with the exception of one parent/carer per junior who is playing/being coached.

Play and Equipment:

- Singles and doubles can now be played with members of your household or with members from up to 4 other households.
- Players from different households can now form a doubles pair and so doubles can now be played between members of four different households.
- For doubles, to ensure compliance with physical distancing is maintained, players should take mitigating actions to limit risks to the 2 metre rule being compromised. This could include agreeing in advance which player will take the shot if a ball travels to the centre of the court
- The club will endeavour to keep the nets at the correct height and members should not touch the net winders to adjust their height.
- Players must bring their own racket and tennis balls. There is now no requirement to mark your tennis balls with your name. However, when sharing balls please take care not to touch your face during play and use hand gel to clean your hands before and after play.
- Where balls end up on adjacent courts, they should still be passed back using a racket/foot and not handled.
- Please ensure to remove all your balls and any rubbish from your court at the end of play. The bins which are usually located outside the clubhouse door will not be available at the current time.
- Avoid chasing down balls when it would lead to close contact with someone on an adjacent court.
- Where players need to cross behind you please provide the maximum amount of space for others to pass.